

maximise the moment

Learning experiences to bring
out the best in every day life.



Western College offers its Personal Interest Courses at just \$7.50 per hour. We know things may be a little tough at the moment but we also know you shouldn't miss out on doing things you enjoy.

So by reducing costs we are helping our community members to learn new skills, unwind from a busy lifestyle, meet new people and have a great time.

Bring your family, your friends and work colleagues along and enjoy one or a number of our low cost Personal Interest Courses!

Fitness and Drama



Beginners' belly dancing

This course is designed to introduce you to the ancient art of belly dancing. It is suitable for anyone with a sense of adventure who is looking for fun, fitness and a chance to sparkle. Learn the basic steps, gain all the health benefits and shimmy the night away!

It's advised to purchase a veil and a shimmy belt. Contact the College for more information and prices.

Tuesdays starting 21st February & finishing 27th March
(6 Sessions)

6.00pm – 7.30pm \$67.50

Beginners' plus belly dancing

You've done the first course and want to go one step further. Enrol in this course and our trainer will have you shimmying some more!

Tuesdays starting 1st May
& finishing 5th June (6 Sessions)

6.00pm – 7.30pm \$67.50

Be Creative

Silver jewellery

Do you love silver jewellery? Learn how to make your own special unique item – anything from a ring, to a necklace or earrings. With no experience necessary, you will be introduced to the basic skills of working with silver including soldering and finishing. Silver can be purchased at a reasonable cost from the trainer who has a full set of tools. Silver must be paid for at the beginning of the session otherwise you will not be able to continue until payment is made. This course is delivered at the Arts and Craft Cottage on Cobra Street.

Tuesdays starting 6th March & finishing 27th March
(4 Sessions)

And/or

Tuesdays starting 8th May & finishing 29th May
(4 Sessions)

6.00pm – 9.00pm \$90.00 plus additional \$30.00 for silver up front, some items may incur further costs which must be paid prior to starting class.

Patchwork and sewing class

This class covers basic patchwork for beginners to advanced techniques for those who want to delve into fabric manipulation and design skills. You are also welcome to bring along your unfinished projects to clear the decks for that next project. Perhaps you just want to learn how to sew and start dressmaking – come along and share a fun time sewing with like minded people.

Your teacher is Susie Brown who has won awards at Darling Harbour, the Australasian Quilt Show in Melbourne and had one of her quilts on the front cover of the Australian Patchwork and Quilting Magazine. There will be an additional cost associated with this course for materials; contact the College for more information.

Thursdays starting 3rd May & finishing 21st June
(8 Sessions)

6.00pm – 9.00pm \$180.00 plus additional costs for materials

Writing the stories of your life beginners

Do you have personal stories, family stories or a family history that you'd like to write down but feel you lack the skills? Whether you are writing for yourself, your family or with the hope of publishing your stories, this course is designed to give you an understanding of what makes engaging life writing. Skills development, discussion and writing exercises will form the backbone of each session. You do not have to have a good grasp of English, grammar or spelling to participate in this opportunity and take your story telling to the next level.

Thursdays starting 23rd February & finishing 29th March
(6 Sessions)

6.00pm – 8.30pm \$112.50

Writing the stories of your life, the next level

Writing the stories of your life, the next level follows on from writing the stories of your life beginners. Participants will have the opportunity to build on skills developed in the beginner's course, to further develop the craft of writing as it applies to telling life stories. Explore ways of uncovering their stories, examine published memoirs and engage in discussion of each other's work.

Thursdays starting 3rd May & finishing 7th June
(6 Sessions)

6.00pm – 8.30pm \$112.50

Language



Spanish for travellers

This course will enable beginners to communicate in simple, practical Spanish, with emphasis on situations useful to the traveller. Our trainer is native to Spain, and you will cover topics such as transport, accommodation, cuisine and emergencies. You will be able to have a simple conversation in Spanish and a basic understanding of the language and the Latin-American culture.

Wednesdays starting 15th February & finishing 4th April
(8 Sessions)

6.00pm – 8.00pm \$120.00

More Spanish for travellers

This course will give you more expressions, more verbs and develop your basic conversation further. Designed for those who have completed the Spanish for travellers course (above) or for those who already have some knowledge of the language.

Wednesdays starting 2nd May & finishing 20th June
(8 Sessions)

6.00pm – 8.00pm \$120.00

Auslan level one

This course will introduce you to the Australian form of sign language – Auslan. Auslan allows easy visual communication with deaf and non-vocal members of our society. You will discover its components and learn the Australian finger spelling alphabet. You will also look at key issues such as hand shape combination, palm orientation and movement.

Tuesdays starting 14th February & finishing 3rd April
(8 Sessions)

6.00pm – 8.00pm \$120.00

Auslan level two

Level two will teach you to start putting phrases together. You will also learn more sign languages and learn how to use facial expression and body language to guide the tone of a conversation. You will need to have completed Auslan level one before you can enrol in this course.

Tuesdays starting 24th April & finishing 12th June
(8 Sessions)

6.00pm – 8.00pm \$120.00

Food and Beverage



Art of good coffee

Learn how to make a professional café style coffee. Learn all the varieties so that instead of going out for coffee, you can impress your friends at home!

Thursday 22nd March (1 Session)

7.00pm – 9.00pm \$15.00 plus \$5.00 For materials

Cheese discovery workshop

Set some time aside to enjoy an evening exploring some of the varieties of cheese Peter from Newtown Providores has to offer. You will gain knowledge on which wines and foods best accompany certain cheeses as well as sampling some delicious selected cheeses.

Thursday 24th May (1 session)

7.00pm – 9.00pm \$15.00 plus \$5.00 For materials

Animals

First Aid for cats and dogs

We quite often think of first aid for humans but not necessary for our beloved animals. This course will have you equipped to help your animals in their time of need. The course content has been approved by a certified vet.

Saturday 17th March (1 Session)

9.00am – 3.00pm \$45.00



future focused.

Western College course guides are printed on recycled material - keeping the environment in mind. This product is printed on Monza Hi Gloss Recycled 130gsm.